



DRAGON CHAMPION TAEKWONDO(SOUTH)

6225 Blakeney Park Drive Suite 100-A Charlotte, NC 28277 Tel : 704.752-9400

Begins September 5, 2023

www.hansustaekwondo.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Kiddie Academy class 1st Group(3:00) 2nd Group(3:30)			Instructor Class 9:20 - 9:50
	Trial Lesson Class 4:00 - 4:30	Trial Lesson Class 4:00 - 4:30	Trial Lesson Class 4:00 - 4:30		White - H/Yellow 10:00 - 10:30
	White - H/Yellow 4:30 - 5:00	White - H/Yellow 4:30 - 5:00	White - H/Yellow 4:30 - 5:00		Green - H- Blue 10:30 - 11:00
	Green - H-Blue 5:00 - 5:40	Green belt and up 5:00 - 5:40	Green - H- Blue 5:00 - 5:40		Red - Black 11:00 - 11:30
	Red - Pre Black 5:40 - 6:20	Sparring Class 5:40 - 6:20	Red - Pre Black 5:40 - 6:20		Family class (All Belt) 11:30 - 12:00
	Black Belt Class 6:20 - 7:00	Sparring Class 6:20 - 7:00	Black Belt Class 6:20 - 7:00		ELITE TEAM (Team 1) 12:00 - 1:00
	Family Class (All Belt) 7:00 - 7:40	DEMO TEAM (Team 1) 7:00 - 8:00	Family Class (All Belt) 7:00 - 7:40		Birthday Party or Private Lesson 1:00pm
	Teen and Adult class 7:40 - 8:25		Teen and Adult class 7:40 - 8:25		

Testing Requirements: Must attend Saturday Class to receive Tape/Stripes. Student will receive Tape/Stripes for when they know their Forms, Kicking Techniques, Board Breaking, and Sparring. To test, you must attend **AT LEAST ONE Board Breaking Class**

Dragon Demo Team: Creative Performance and Gymnastics Class
Poomsae Team: Sports Poomsae Team
Elite Sparring Team: Advanced Competitive Sparring Class

- **All students must **attend at least 2 classes per week** unless otherwise arranged.
- **Please follow the above schedule and come to the class assigned to you, and be consistent with your attendance.
- ****Please arrive 5 minutes before the class starts.**
- **Please pick up children/students promptly after the classes. (Ask permission from the Master to leave class early.)
- **Please keep silent and talk quietly in waiting area so that the students may receive the best training.

Teaches Respect, Self-Defense, Responsibility, Confidence, Self-Control, Leadership, Cooperation, Focus, Enthusiasm, Goal Setting